



# UNIT 4 : ACTIVE PARTICIPATION



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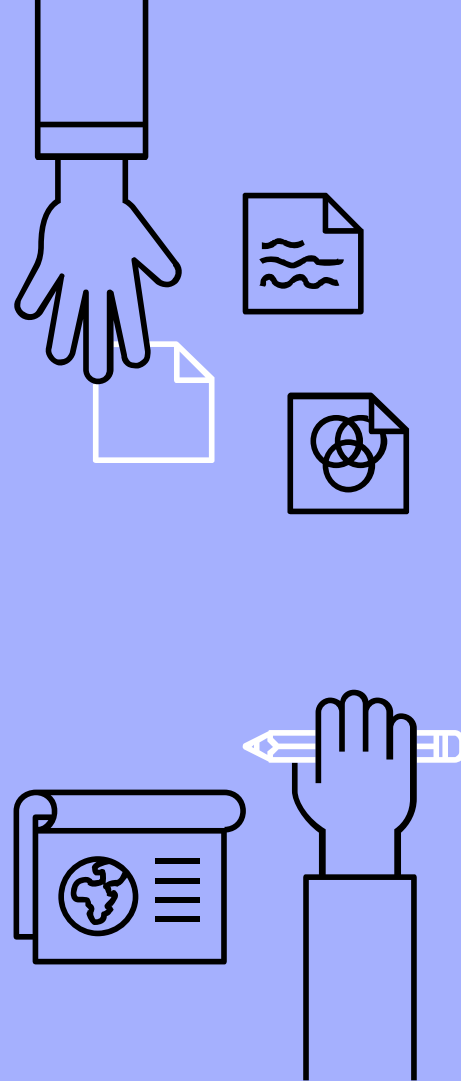


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# What is Active participation

Active participation is a way of working that supports an individual's right to participate in the activities and relationships of everyday life as independently as possible.

- ▶ **Benefits of active participation**
- ▶ Physical benefits including greater activity levels.
- ▶ Increased independence in what people do.
- ▶ An opportunity for individuals in health and social care settings
- ▶ Increased opportunities for social contact and interpersonal relationships.
- ▶ Encouraging involvement and self-awareness. Increased opportunities for learning
- ▶ Enhanced well-being, with increases in self-confidence



# Active Youth Participation Benefits

1. Develop participants understanding of necessary conditions for active youth participation
2. Exchange experiences, good practices, opinions, educational tools
3. Promote European values of respect for human dignity, freedom, democracy
4. Increase the level of active citizenship of young people and, consequently build social conscience for democratic participation
5. Provide young people the opportunity to develop their competences on tackling personal problems
6. Inform participants on the Erasmus+ Youth Programme for 2014/2020, giving special focus on active inclusion of youth.



# Active Learning Strategies

- ▷ *Sit & talk with peers nearby*
- ▷ Display Think-Pair-Share prompts about a concept or topic
- ▷ Facilitate a whole group discussion.
- ▷ Quick write
- ▷ Turn and Talk
- ▷ Polling
- ▷ Individual plus Group Quizzes
- ▷ Tests/Quizzes with common preconceptions as distractors

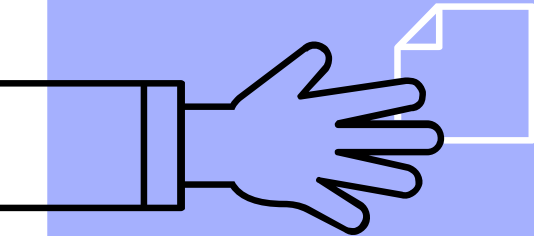
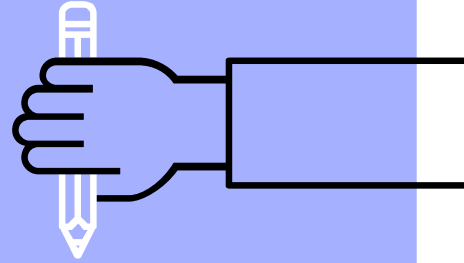




- ▶ Jigsaws
- ▶ Sorting strips
- ▶ Partial Outlines/PPTs provided for lecture
- ▶ Pausing in lecture
- ▶ Requires students moving around
- ▶ Fish bowl
- ▶ Idea line up
- ▶ Four corners
- ▶ Promoting Effective Classroom Participation



# What does “participation” mean?

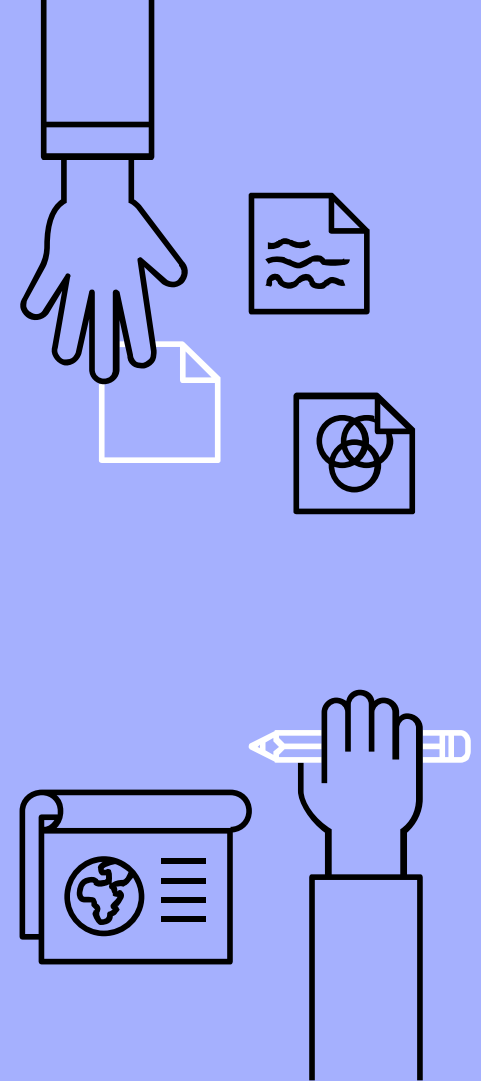


Let's start with the first set  
of slides

**Be clear with your definition and intention.**

Participation is often equated with discussion, which typically involves a lengthy conversation with the whole class.

**Seek consensus.** While you can independently prepare a [rubric](#) that explains how you will assess participation, you may find that students will participate more enthusiastically if you ask them to help define what constitutes effective participation and then ask them to develop a rubric with you.

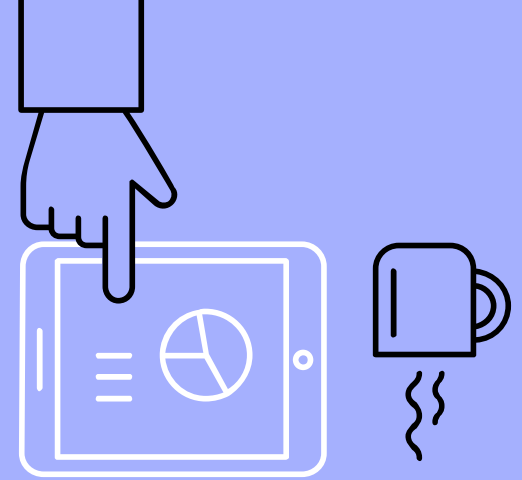


# How do I encourage participation?

▼ **Foster an ethos of participation.** Asking students to respond to a peer's response helps to facilitate a conversation. As well, positively reinforcing such contributions builds this sense of collectivism.

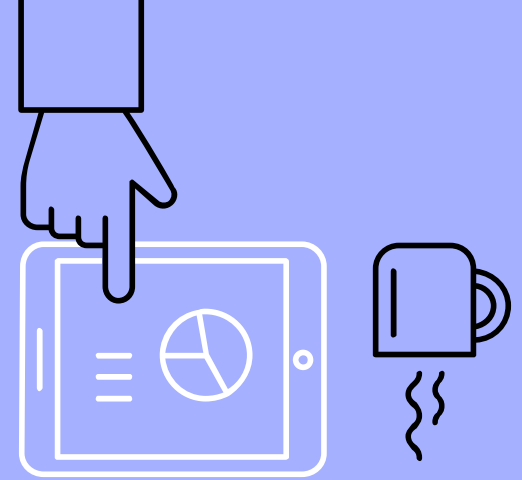
▼ **Teach students skills needed to participate** .ask them how they have participated in previous courses, and whether they could use some assistance.

▼ **Devise activities that elicit participation.** encourage participation via micro-blogging technologies such as [Twitter](#): students have the option of participating verbally or of typing their contributions into a live Twitter feed.





- ▶ **Ask students to assess their own participation.** Giving students a sense of responsibility for their participation can be very motivating.
- ▶ **Ensure that everyone's contributions are audible.** In some cases, you may need to reiterate a student's contribution, to ensure that everyone hears it.
- ▶ **Consider the use of an online poll before the class discussion.** The results from a pre-class anonymous poll can be presented to students as a starting point or to set the stage for their in-class discussion.

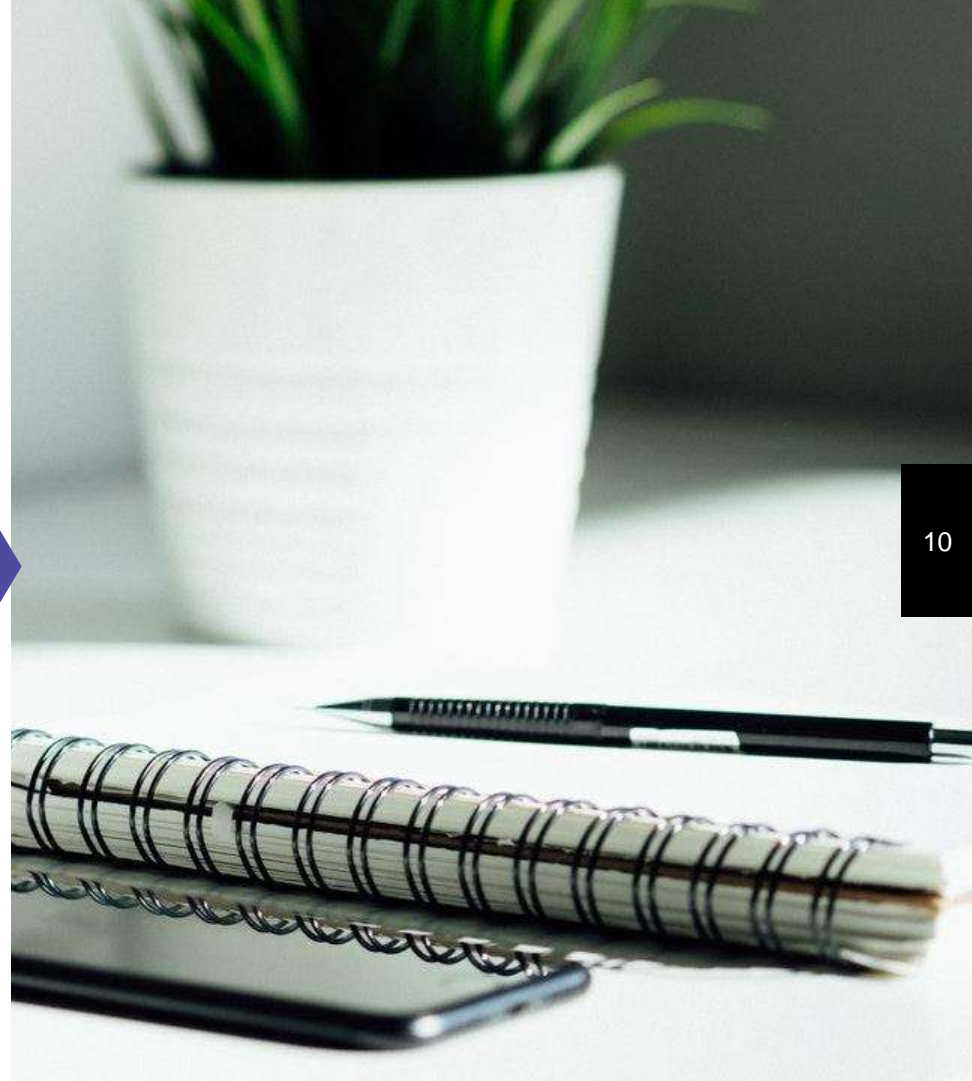


# How do I assess participation?

**Keep written records.**

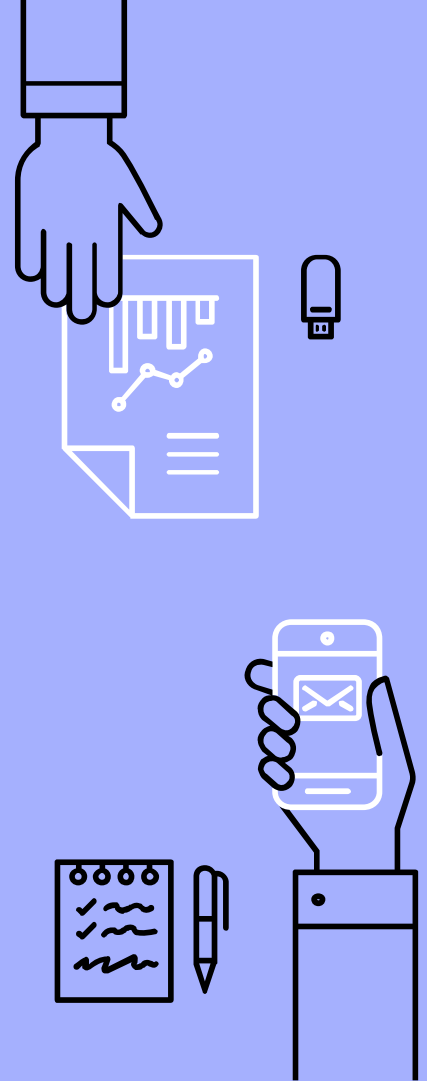
**Consider the students' self-assessments**

**Use peer evaluation**



# Teamwork: Being an Active Participant

- Come Prepared
- Help Teammates in Need
- Share Openly
- Volunteer
- Be a Leader



# TEAMWORK

**Being an Active  
Participant**



# CONCLUSION

Active participation is an approach that empowers individuals in the activities and relationships of everyday life leading to them living as independently as possible. The importance to the individual as an active partner in their own care or support is that it brings physical, psychological, relational and over all wellbeing benefits.



# THANKS!

## Any questions?



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